



Pre-Anesthesia Patient Instructions

You have chosen to undergo a procedure with NOGC LLC., who will utilize Windy City Anesthesia as their anesthesia provider. Please arrive as instructed by your physician's office.

Please be sure to have an adult available to drive you home from surgery and remain with you for the first 24-48 hours after surgery. Your procedure may be delayed or cancelled if you are not discharged into the care of an adult.

Please be sure to discontinue any herbal medications, weight loss medications, aspirin products including ibuprofen (Motrin, Advil, etc.) or vitamins for at least 2 weeks prior to surgery. This is for your safety. *Be sure to take your medication (**especially high blood pressure medication or heart pills**) prior to your scheduled time of surgery, if you do so every day. You may take your medication with a small sip of water but please do not drink more than a sip or it could result in the cancellation of your procedure. If you use an inhaler, you may continue to do so. Any exceptions to these will be made by your physician.

Please do not smoke cigarettes or drink alcohol for at least 24 hours prior to your procedure.

You may brush your teeth, bathe, or shower as usual but do not apply makeup, hairspray or other grooming products to your skin or hair.

Please wear loose and comfortable clothing; preferably a button up baggy shirt and loose, comfortable sweatpants. Please remove any body piercing prior to coming into the surgeon's office for your procedure as your surgeon may be using electro-cautery equipment and any metal on your body may react to this equipment, causing burns. If you wear contact lenses, please store them during your procedure.

Please tell your anesthesia professional your complete medical and surgical history. A Windy City Anesthesia representative will contact you both before and after surgery. Any questions may be asked of him/her at this time. Please do not hesitate to ask any questions.

Call your insurance company to check benefits and see if precertification or a second opinion is necessary. Thank you for providing Windy City Anesthesia the opportunity to care for you!

Please arrive at 676 N. St. Clair · Suite 1880 · Chicago, IL 60611

Windy City Anesthesia · 21120 Washington Pkwy · Frankfort, IL 60423 · 815-462-8470