



Northwestern Medicine Center for Fertility & Reproductive Medicine

259 E Erie St
Suite 2400
Chicago, IL 60611

- Please call 312-695-7269 to schedule a consultation and semen analysis

Andrology Laboratory Service Inc.

680 N. Lake Shore Drive,
Suite 807
Chicago, IL 60611

PATIENT INSTRUCTIONS FOR SEMEN ANALYSIS

Semen Collection Procedure: The sample can be collected at home or in the laboratory. If the specimen is collected at home, the laboratory must receive it within one hour from the time of collection. It must also be kept near body temperature by placing it in a pocket or keeping it close to the body. Whether the specimen is collected at home or in the laboratory, the time of collection and the number of hours since the last emission should be noted. This information will be needed to complete the necessary form when the specimen is delivered to the laboratory.

- Abstain from sexual activity for at least 48 hours and not more than 72 hours prior to collection of the specimen.
- Wash your hands and penis well before producing the specimen.
- The specimen must be collected by masturbation directly into the jar provided by the Andrology laboratory or your physician's office.
- If you have difficulties producing a semen sample, contact your physician or the Laboratory Director.
- Appointment Procedure: Services are performed by appointment only and may be scheduled by calling (312) 355-0075 or (312) 908-7151.

- Payment Procedure and Fee: Semen analysis is \$155.00 and payment is due on the day of service by check, cash, or credit card.
- At the time of your scheduled appointment, report to Andrology Laboratory Services, 680 N. Lake Shore Drive, Suite 807.

Fertility Centers of Illinois

900 N Kingsbury
Suite RW6
Chicago, IL 60610

- Please call 312-222-8230 to schedule a Fertility Awareness Checkup
- Complete “New Fertility Patient Form: Male” found at <https://fcionline.com/first-steps/your-first-visit/>
- Abstain from sexual activity at least 2 days and no more than 5 days prior to semen analysis

Reproductive Medicine Institute

233 E Erie St
Suite 307
Chicago, IL 60611

- Male partners are given the option to produce a specimen either at one of Team RMI’s clinic locations, or at home (if they are able to bring the specimen to a clinic location within a short period after production). It is generally recommended that the specimen be produced after 2 to 5 days of abstinence; it is best to stay hydrated and to avoid alcohol consumption prior to providing the specimen.
- Call 630-403-0075 or visit <https://www.reproductivemedicineinstitute.com/contact-us/> to schedule a consultation

Vios Fertility

333 S Desplaines
Ste 201
Chicago, IL 60661

1455 N Milwaukee Ave
2nd Floor

Chicago, IL 60622

- It is necessary that you refrain from sexual activity/ejaculation for at least 2 days and no more than 5 days before producing the specimen. It is important that the initial portion of the ejaculate goes into the container, as it contains almost all of the sperm.
- If you are bringing your specimen in rather than producing it at our facility, we need to receive the specimen **NO LATER THAN ONE HOUR** after it has been produced. While being transported to our facility, the container should be kept at body temperature (e.g. carried in an inside pocket next to the body). Temperature fluctuations can damage sperm thereby invalidating the results.
- The specimen should be produced by masturbation directly into the labeled sterile container provided by your referring physician or by our staff. Do not use lotions or lubes as they can contain spermicides which kills the sperm. Collection of the specimen by methods other than masturbation produces very poor results.
- Call 866-930-1627 to schedule a new patient consultation