



GLUCOSE TESTING IN PREGNANCY

All women who do not have a history of pre-existing diabetes are screened for diabetes during pregnancy between 24 and 28 weeks. For the screening, you will be given a sugary drink to consume over 3-5 minutes. An hour after drinking this, your blood will be drawn to check your glucose (sugar) level. You do not need to fast for this test and we encourage you to have a light snack 2-3 hours beforehand to help prevent nausea. If this test returns with an elevated value, your doctor will notify you to have a confirmatory test. For this you do need to fast for 8 hours before. Your blood will then be checked fasting after which you will be given another sugar drink. The blood is then drawn 1 hour, 2 hour and 3 hours after consuming the liquid. If you do need to complete the 3 hour confirmatory test, please bring a book or work as you are not allowed to leave the office during the exam