



Induction Instructions

One to Two Days Prior:

We recommend increasing your carbohydrate intake 1-2 days prior to induction.

Diet suggestions: pasta, rice, cereals, bread, beans, lentils, milk, fruit

Day of Induction:

Call Labor and Delivery 1 hour before leaving for the hospital at 312-472-0800 to confirm appointment time and availability. If Labor and Delivery is very busy, your induction may be delayed.

Please arrive at Prentice Women's Hospital (located at 250 E Superior) and check in at Triage **30 minutes prior to your induction time**. Triage is located on the 1st floor.

You will then be instructed to proceed to Labor and Delivery which is located on the 8th floor.

C-section Instructions

Nothing to eat or drink 8 hours prior (including water, gum and candy.) Please arrive to Triage (1st floor of Prentice Women's Hospital) 2 hours prior to your cesarean. You will then be taken to Labor and Delivery on the 8th floor.